OUR P.S.H.E. CURRICULUM

LEARNING JOURNEY

YEAR 4

HEALTHY ME:
- Healthy choices - Balanced diet
- Physically active
- Healthy relationships

CELEBRATING DIFFERENCES:
- Different families
- Family conflict - 'solve it together' technique
- Bullying - witness - solve
- Effects of words

BEING ME:
- Rewards and consequences
- Rules and responsibilities









RELATIONSHIPS:
- Family roles and responsibilities
- Staying safe online
- Friendship
- Being a global citizen

RIGHT AND WRONG
BULLYING -
STANDING UP FOR
MYSELF AND OTHERS
CELEBRATING DIFFERENCE

DREAMS AND GOALS:
- Staying motivated
- Perseverance
- Teamwork - collaboration

YEAR 3

HOPES AND FEARS
LISTENING TO OTHERS
EMOTIONS





BEING SAFE IN
THE COMMUNITY
ONLINE SAFETY



DREAMS
AND GOALS



FRIENDS AND
CONFLICT



WHO AND WHEN
TO TRUST OTHERS

NSPCC
Speak out. Stay safe.

GETTING OLDER -
BODY SAFETY NSPCC

YEAR 2

PEOPLE WHO
HELP US
FRIENDS AND
FAMILY



CELEBRATING
DIFFERENCE
OUR FAMILIES





HEALTHY ME





BEING
ME



NSPCC
Speak out. Stay safe.

CHANGING ME -
NSPCC

DREAMS AND
GOALS OVERCOMING
OBSTACLES
RECOGNISING
PROBLEMS



KEEPING SAFE -
ONLINE AND
ROAD SAFETY

EXPLORING
FEELING
SAFE AND
SPECIAL

YEAR 1

EYFS

Statement: The Personal, Social and Emotional Development programme helps children to develop a sense of themselves and others to form positive relationships and develop respect for others. Children develop social skills and learn how to manage their feelings; they understand appropriate behaviours in groups and gain confidence in their personal abilities through Jigsaw.

- Being Me in My World
- Celebrating Difference
- Dreams and Goals
- Healthy Me
- Relationships
- Changing Me









